

**YARRAMAN
COOYAR
NANANGO
BLACKBUTT
MAIDENWELL**



FREE

**LOCAL
NEWS**

EDITION 006, DECEMBER 2025

EMAIL: news@wildhorsefm.com

PH: 41638 997

Major win for Shoot the Breeze

YOUR community radio station, Wild Horse FM is celebrating a major win this week, with the community Broadcasting Foundation (CBF) awarding the station \$14,692 to support the future of *Shoot the Breeze* our much-loved local interview program.

The grant was part of the CBF's 2025126 Content Grant funding round which received 46 applications requesting more than \$840,000 in total.

Of those, only 25 projects were funded and we are proud that "Keeping Local Stories Alive: A sustainable future for *Shoot the Breeze*" was one of them.

The funding comes at a crucial time.

Shoot the Breeze hosted by Frank and Jon, pictured here ready for Christmas, has grown into a program that captures voices and memories of everyday people across our region.

The workload behind the scenes has been heavy for our small volunteer team.

Thanks to CBF's support, wild Horse FM can now bring in assistance with editing, our volunteers can keep focusing on finding great local stories and sharing them with the community.

Wild Horse FM extends its sincere thanks to the Community Broadcasting Foundation.



Busy start to December

By AMANDA GORDON
WHFM Station Manager



IT HAS been a wonderful month here at Wild Horse FM, with our volunteer training session led by none other than Spencer Howson, long-time ABC presenter and CMTO

trainer. It was a brilliant opportunity to get the crew together and sharpen our storytelling and interviewing skills – we will be bringing you bigger and better shows thanks to this fantastic training. Big thanks to everyone who came along and made it such a success.

Looking ahead, we're gearing up for two events that'll see us out and about, supporting local groups and connecting with you, our community. First up is the Yarraman Heritage Centre Bookfair on Saturday 6th December - a great chance to grab a read and support a good cause. Then on Sunday 7th December, we'll be joining the fun at the Yarraman Christmas Festival. Expect music, markets, and plenty of cheer. We can't wait to see you there and for those that can't make it, tune in to 99.7 FM (or listen in on our website, the Community Radio Plus app, or your favourite internet radio service) to join in by listening to our live broadcast from the events!

As the year winds down, we just want to say a heartfelt thank you for tuning in, sharing your stories, and being part of this wonderful community. From all of us at the station, have a very Merry Christmas and Happy Holidays! May it be full of joy, connection, and a few good yarns.

Initiative tackles rural health issue

THE Red Earth Community Foundation has launched a new initiative to help tackle the region's growing shortage of doctors and health professionals, the Red Earth Rural Health Pathways Fund.

Announced at the Rural Healthcare Summit in Moffatdale, Saturday, November 15, the Fund will provide direct financial support to Burnett Inland medical and health students completing their final placements and qualifications outside the region.

Red Earth Community Foundation Deputy Chair, John Carey, said

the Fund was created to remove the financial barriers that often prevent local students from returning home to practise.

"The Red Earth Rural Health Pathways Fund is about investing in local people so that care stays close to home," Mr Carey said.

"When we help our young doctors and health professionals complete their training, we are not just funding qualifications, we are building the future health of our region."

The Fund's first goal is to raise \$40,000 to support a local medical intern in 2026, with plans to

expand over time to include allied health, nursing and other health professions.

Developed in partnership with Rural Medical Education Australia, the initiative aims to 'train and retain' the next generation of rural practitioners in the Burnett Inland.

For more information or to donate, visit redearth.org.au or contact info@redearth.org.au community members, businesses and service clubs are invited to contribute to the Fund and help grow local health capacity for generations to come.

Fake news aimed at older drivers

OLDER drivers are the target of fake news reports, so your community newspaper sent a question about these fake stories to the Queensland Transport and Main Roads.

A spokesperson for Transport and Main Roads has emailed this response:

The Queensland Government has not made any recent changes to the rules for driving in Queensland, including older driver requirements.

There are many fake news reports currently circulating about changes to driving requirements and road rules.

This includes fake reports about older driver curfews, daytime headlight requirements, and new rules for eating, drinking, or smoking while driving.

The best source of accurate information about driving requirements and road rules is the Transport and Main Roads website.

Visit www.tmr.qld.gov.au/Licensing for trusted information and changes.

To spot fake news, always check if the source is trustworthy and see if other reliable outlets report the same story.



**CELEBRATE AT THE ROYAL
THIS HOLIDAY SEASON**



End the year at The Royal with your team and book your Christmas party with us.

Indulge in our new tasting menu and join us on New Year's Eve with Rock and Roll Outlaws Playing Live at The Royal Hotel Yarraman.

18 TOOMEY ST, YARRAMAN QLD 4614 | WWW.ROYALHOTELYARRAMAN.COM | (07) 4168 8219



Nanango Show Society

COMING EVENTS

Markets - DEC 6

2026 Nanango Show

- April 18

Nanango Showgrounds
129 Drayton Street
Phone (07) 4163 1273
Email: office@nanangoshowsociety.com.au

Wishing you all a Merry Christmas

FARRIER



KEVIN 0475255584



Men's, Women's,
Children's cuts & styles,
colour, and foils
Walk-in or appointments
welcome
**Phone Morgan on
0428 388 585**

OPEN: Mon: 9am-5.30pm Tues: 9am-3pm
Wed: by appointment Thurs: 9am-7pm
Fri: 9am-5.30pm Sat: 9am-1pm
next to the laundromat YARRAMAN

Bags, Books, Bric-a-Brac.

Tops, Tees, Trousers.

Shorts, Shoes, Sports.

We have it all ... come and see

Browse and Bag a Bargain

YCi Community Op Shop

OPEN
weekdays
from 9am
to 3pm
and
Saturday
9am to
midday



15 Margaret Street, Yarraman

Phone enquiries:
Jenny 0419 483 651 or Diana 0484 587 356



Remembrance Day in Yarraman

At the 11th hour of the 11th day of the 11th month, Yarraman fell silent for one minute to reflect and honour those who have answered the call to defend our country. *Lest we forget.*

Old But Interesting

Exploring history at the Yarraman Heritage Centre

Yarraman & District Historical Society Inc manages and administers the Yarraman Heritage Centre. For any enquiries or to help out and volunteer please phone 07 41638111 and leave a message.

Christmas Australian style

THE FIRST Christmas in Australia was celebrated in 1788, by Reverend Johnson, at Sydney Cove – that is the first British settlers to Australia.

Thus, Australian Christmas celebrations have been guided by Anglo-Celtic practices.

The traditional Anglo-Celtic dinner has consisted of the customary roast turkey and vegetables, which is followed by Christmas pudding.

Given that Christmas is celebrated in the Australian summer,

many Australian families have altered and created the Australis Christmas dinner which comprises of seafood, glazed ham, cold chicken, duck or turkey, cold deli meats, pasta, salads galore, desserts of all types, fruit salad, pavlovas, ice-cream as well as the standard Christmas edibles, such as mince pies, fruit cake, shortbread, and chocolates.

In Australia from the 1800s, Christmas trees became fashionable, as well as the decorating of Christmas trees.

The sending of Christmas cards also gained memento in the 1800s.

As such it is common practice in Australia to send Christmas cards, marked 'card only'.

Christmas down under, the 'silly season' involves flashing lights and decorated trees, with all the glitter, tinsel and razzle-dazzle.

Above all, Christmas is a time to relax and catch up with family and friends.

From all of us at the Yarraman Heritage Centre, we wish you a safe and very merry Christmas



What the CLUCK!!!

We're not eggsagerating ...

JBH Rural have gone clucking mad with some super deals on Chook Food.

EGGSTRAWDONARY SPECIAL

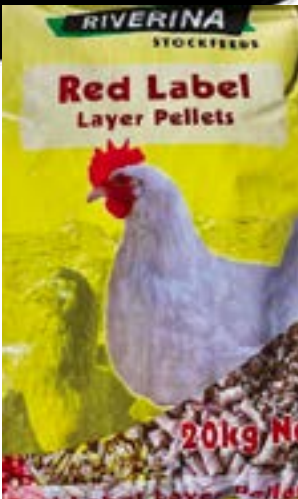
MIXED GRAIN 2 FOR \$40

PHONE 4163 8830

corner of Emmert Street and D'Aguilar Highway, Yarraman

admin@jbhrural.com.au

facebook.com/JBHRural



Red Label Layer Pellets

20kg



FINE MASH

Auntie Kate's

Jenco

SORGHUM FREE FEED

Come in and see our great range of chook food and supplies

New defibrillator boosts safety

THANKS to the support of the Yarraman Local Ambulance Committee, the Yarraman Heritage Centre has received a generous gift which boosts safety at the Yarraman Heritage Centre.

The committee has donated a LifePak CR2 Defibrillator and cabinet which Angela from YHC accepted (pictured right).

The defibrillator will be installed onsite at the Heritage Centre to help protect the volunteers, visitors and tenants who use the buildings at the centre on a daily basis.

This easy to use device adds an important layer of safety for everyone who spends time at the Heritage Centre.

With so many community activities, events and busy volunteers working across the centre, it really does add to peace of mind.

The Heritage Centre Committee is deeply grateful for the donation and acknowledges the ongoing commitment of our local ambulance Volunteers.

In other news, some community First Aid workshops are planned for early 2026, giving locals the chance to pick up essential skills and feel prepared in an emergency.

More details about the workshops will be announced in the New Year, both on air



No December meal night

THERE will be no meal night at the Yarraman Heritage Centre in December.

Everyone is taking a well-earned break. Mark your calendars, the first meal night for 2026 will be held on Friday,

January 30, and there will be an Australia day theme. The plan is to feature favourites like meat pies and lamingtons. More details will be published in the next edition of 99.7% Local News.

Info morning at Library

HAVE you ever wondered what chair yoga is all about and whether it might be right for you?

Join Jane at the Yarraman Library on Wednesday, December 10 at 10.15am for a one-hour catch up about chair yoga.

During the session, Jane will chat about flexibility, strength and balance and how simple chair-based movements can support wellbeing at any age

BreastScreen free for women over 40

JANUARY 8 to 13, 2026 the BreastScreen bus will be located near Oral Health, Youngman Street entrance.

BreastScreen is free for women over 40 and no doctor's referral is needed.

Women aged 50-74 are especially encouraged to attend.

For more information phone 132050.

Raffle raises funds for typhoon victims

WHEN a super typhoon slammed into the Philippines more than one million people were displaced.

Owner of the Farmhouse Coffee Shop, Yarraman, Gina and her staff still have connections in areas affected and are sending funds to help all the residents rebuild their lives.

Funds have already provided meals and clothes for those in need.

A Christmas Hamper will be raffled to raise more funds with tickets available at the Farmhouse Coffee Shop.

This is our opportunity to help a community in need and all funds go directly to those affected.

Pictured: Clothes and rice bring smiles to those affected by the typhoon.



Community Cohesion Sessions

Community Morning Tea at YARRAMAN LIBRARY

Wednesday 10 December 10.15am
Chair Yoga chat with Jane - with a short demonstration

Thursday 15 January 10.15am
Gardening chat with Leanne - seed propagation

Bookings not required. Please contact Yarraman Library for further details. 07 4263 8346

WHAT'S ON

YARRAMAN

Chattering Roses: coffee and chat group, FB Yarraman Community Notices.

Yarraman Country Markets: 8.00am to noon, Yarraman Memorial Hall, Browne Street, second Saturday of every month.

Yarraman Holistic Markets: 8.00am to noon, Yarraman Men's Shed, Mill Street, held on last Saturday of every month.

Bingo Buzz Yarraman on every 2nd Monday at the Yarraman Memorial Hall 11 Browne St, door opens at 10am, eyes down at 11am.

Yarraman Men's Shed: Mill Street, Yarraman, 8am to noon Mons, Weds and Saturdays.

NANANGO

Cuppa and Chat: Neighbourhood Centre, last Wednesday of the month, from 10-11am.

Gather and Grow: Craft activities, Neighbourhood Centre, Thursday 10am-noon.

Taras Hall Bingo: Henry Street, Thursday eyes down at 9.30am sharp.

Tai Chi: Thursday 8am, Ringsfield House's gardens, 41-45 Alfred Street, (or at Nanango Showgrounds if it's raining).

Crafty Get Together: Community Centre, fun craft session every Wednesday from 9.30am.

Storytime In The Park: family event from 10am to 11am on the first Wednesday of every month at Butter Factory Park in Drayton Street.

Tuesday Night Blackjack & Poker: Commercial Hotel in Drayton St, Tuesday from 6pm.

Churchyard Op Shop Markets: Anglican Churchyard, Drayton and Burnett Streets, 7:30am to 11:30am, markets are held on the 4th Saturday of every month.

Nanango Men's Shed: cnr Mt Stanley Road and Heathermore Lane, 8.30am to noon Saturday, Monday, Wednesday.

South Burnett Community Share: Nanango Cultural Centre, George Street, 9.30am, third Sunday of every month.

Alcoholics Anonymous: every Wednesday 10am to 11am, Catholic Church hall at the corner of Alfred and Gipps Street.

Bingo Buzz Nanango on every Saturday at the Nanango Cultural Centre 48 Drayton St. Door opens at 10am, eyes down at 11am.

BLACKBUTT

Cuppa n Chat: QCWA 65 Coulson Street, Monday from 9.30 to 11.30am. BYO craft.

QCWA Devonshire Tea: 65 Coulson Street, Wednesday 10am-noon.

Blackbutt Country Markets: the third Sunday of every month, Les Muller Park in Hart Street, 7am until noon.

Timbertowns Woodworking Group Inc. Wednesday and Sunday, 8am to 12pm, Thursday, 4pm to 7pm. Blackbutt Showgrounds.

Self Defence/Fitness: Blackbutt State School Hall, Wednesday 6.30-7.30pm.

MAIDENWELL

Maidenwell QCWA: 9.30am branch meets on the first Wednesday of every month (except January).

COOYAR

Cooyar Community Cuppa Group: Cooyar Hall, 4th Thursday of the month (except Dec), 9.30-11.30am for a cuppa, chat and craft. \$2 donation, bring a small plate of morning tea to share. Everyone welcome. Ph 0467 208 475.



SPRING WATER ~ CLEAN, FILTERED DRINKING WATER
Phone Larna on 0434 524 348
to order your delivery of spring water

FREE WRECK REMOVAL Will pay cash for complete cars



For all your towing and transport needs ~ big or small
give Matthew a call on 0404 062 820

PUZZLE FUN

YOUR CHANCE TO WIN
\$50

WHERE IS 'THE MAN'

For your chance to a win \$50 cash prize simply tell us where the *YarraMan* pictured here is located. Which shop is he near? Email your answer to us and go in the draw for the prize. We need to know, your name, phone number and your answer to where 'the man' is located. Email to news@wildhorsefm.com subject: Man comp



How many words with 4 or more letters can you form with the letters above. Every word must contain the centre letter. No plurals, verbs ending in 's', proper nouns, or hyphenated words. You must have at least one 9 letter word. Have fun!
9 letter hint: Your community radio station

Christmas Music Quiz for fun

1. What colour Christmas does Elvis have?
2. What did Frosty the Snowman do when a magic hat was placed on his head?
3. Which Christmas song became a hit for Jose Feliciano in 1970?
4. In the classic 12 Days of Christmas, what did my true love give to me on the eighth day of Christmas?
5. How many gifts in total were given in the 12 Days of Christmas song?
6. What is the German name for the English song 'O Christmas Tree'?

ANSWERS: 1 Blue 2 He began to dance around 3 Feliz Navidad 4 Eight maids a milking 5 364 6 'O Tannenbaum'

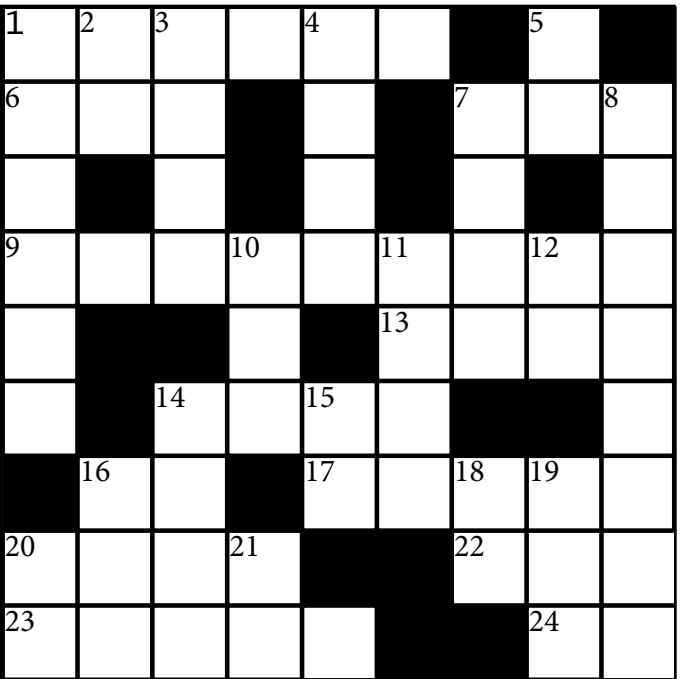
ACROSS

1. One of Santa's 'fast' reindeer
6. Where Canberra is located
7. Popular Christmas meat
9. The day which is celebrated on December 25
13. Insects who spoil picnics
14. Animals who pull Santa's sleigh
16. Beatles Christmas song .. This Is Christmas
17. Bluebottles do this
20. You sit on these in church
22. Payment is ...
23. Fictitious man who delivers presents on Christmas eve
24. English playwright .. Elliott

DOWN

1. Santa's light of foot, elegant reindeer
2. Bon Scott band ..DC
3. The three wise men followed this to the manger
4. Nights before Christmas and New Year's
5. Deck the halls with bows of holly fa, la, ..., la, la, la, la, la
7. Song sung in church
8. You hear these every year from the King or Queen on Christmas night
10. Northern hemisphere winter activity ... skating
11. Open top pie
12. Do They Know It's Christmas Time .. all?
14. Santa comes the chimney

QUICK CROSS #6



15. Abbreviation of the time zone in which Queenslanders live ..T
16. Favourite place to swim to keep cool during Aussie summer
18. Prove who you are by showing your ..
19. Pecan, Brazil or macadamia for example
20. An added note to the bottom of a letter

21. Santa is also known as .. Nick in some countries

SOLUTION QUICK CROSS 5:
ACROSS: 1.Reef 4.Brag 9.Ogle
10. Last 11.Agatha 13.Samson
15.Mt 16.Strip 18.Rein 20.Ant
21.Orca 22.Tres 23.PC 24.AC
26.Eyelashes. DOWN: 1.Roan
2.Egg 3.Elastic 4.Feta 5.Blast
6.Ra 7.Asinine 9.GT 12.HMS
14.Arch 15.Mercy 17.PTS
18.Rope 19. Nail 22.Tas



Wattle Santa bring you for Christmas?



We have John Deere toys for kids, great new garden products including fertilisers, seeds and mini green houses. Plus products to keep your four-legged and feathered friends happy and healthy.



**Check out our
Super Christmas Specials**
5% off storewide
with some selected items 10% off
for the whole month of December

*All the team at JBH wish
everyone a
Merry Christmas and
prosperous New Year*



PHONE 4163 8830
corner of Emmert Street and
D'Aguilar Highway, Yarraman
admin@jbhrural.com.au
facebook.com/JBHRural

Steelbar Mechanical

Repco Authorised Mechanical Workshop

Breakdown Towing Service

Mechanical Repairs
Mechanical and Roadworthy Inspection Station
Diagnostic Scanning with printed vehicle reports for peace of mind
Fleet and Logbook servicing
Motor, Gearbox and Differential replacements

Tyres
New passenger, commercial, truck, all types of agricultural and mining tyres
Wheel Alignments for passenger and 4WD
Come and discuss your vehicle needs with our talented, qualified staff
Affordable pricing with a nationwide warranty

Opening Hours: Mon-Fri 8:00am - 5:00pm Sat 8:00am - 12:00pm Sun Closed

PH 0403 951 250 **111 New England Hwy, YARRAMAN**
<https://www.steelbarmechanical.repcoservice.net/>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5-6am	Aussie Music Weekly	Continental Drift	It's Time	The Folk Show	Dirt Music	Blues, Roots, n Boots	Let The Bands Play	5-6am	
6-7am	Karen's Classic Collection	Start the Morning with Maya	Start the Morning with Maya	Start the Morning with Maya	Start the Morning with Maya	In The Groove with Heidi	Music Mix	6-7am	
7-8am							It's My Country Radio Show	7-8am	
8-9am								8-9am	
9-10am	Let the Sun Shine In	Karen's Classic Collection	Midweek Music	Grego's One Hit Wonders	Aust Music is Bloody Great	It's Time	Shoot The Breeze (arch)	9-10am	
10-11am			Dirt Music	A Breath of Fresh Air	In The Groove with Heidi	YOU COULD BE HERE	The Local Source	10-11am	
11-noon	The Folk Show	Rock The Kazbar	Grego's AMRAP wrap	Grego's			Happy Hour 2	11-noon	
Noon-1pm	Monday Melodies with Kathy	Tuesday Tunes with Kathy	Shoot The Breeze	Aussie Music			Radio Remedy	Heidi's Hour	Noon-1pm
1-2pm			Music Mix	Anne's 'On This Day'	Aussie Music Weekly	1-2pm			
2-3pm			Happy Hour	Anne's 'Past & Present'	Music Mix	2-3pm			
3-4pm	YOUR SHOW COULD BE HERE	How You Growing?	Pop Heads	Peter's Music Legend	Friday Feel Goods with Kathy	Stafford's World	Sunday Session with Ash	3-4pm	
4-5pm		YOUR SHOW	Addy's Music Hits	Interviews				4-5pm	
5-6pm		COULD BE HERE	YSS Radio Club	Music Mix				Raised	5-6pm
6-7pm	Evening with Maya	Evening with Maya	Evening with Maya	Shoot The Breeze (rpt)	On Rock	Rock The Kazbar	Karen's Featured Favs	6-7pm	
7-8pm				Anne's 'Subject Matters'	Music Room w Brian Avery	Saturday Night	Shoot The Breeze (arch)	7-8pm	
8-9pm	Music Mix through the night	The Music Room	Music Mix through the night	Music Mix through the night	Deadly Beats	House Party with Dan	Music Mix through the night	8-9pm	
9-10pm		Karen's Featured Favs			Music Mix	Heidi's Airways		Music Mix	9-10pm
10-11pm		Music Mix			through the night	Music Mix		through the night	10-11pm

Wild Horse volunteers enjoy training weekend

YOUR community radio announcers, volunteers and new recruit volunteers recently gained insight and ideas from a training weekend with Spencer Howson.

Spencer is a long-time ABC presenter and CMTO trainer and he put the crew through their paces by sharpening storytelling and interviewing skills.

He also challenged announcers to think how they can approach their shows in a different manner to make it more appealing to the listener.

A number of your regular presenters attended but the exciting news was the new faces who came along full of enthusiasm and keen to take to the airwaves next year.

Keep tuned for locally produced new shows.

Wild Horse FM is constantly on the lookout for new presenters and offers a range of free training. Contact Station Manager, Amanda on 41638997 for more details.

Pictured: Spencer Howson with Wild Horse announcers Jane and Addy and station manager Amanda.



Addy loves to play her tunes

THE YOUNGEST announcer at Wild Horse FM community radio, Addy, just loves playing her 'hits' for our listeners.

"I love music and radio so I thought it would be fun to have a show people like listening to," Addy said.

"My favourite singers are Olivia Rodrigo and Stray Kids. I would like to meet

Felix from Stray Kids, they are a KPop band.

"The best time of school for me is Friday afternoon Radio Club and when I am not working on my show I like to help Nannan with baking.

"I do acting, singing and I am learning the guitar."

Addy will be singing at the Blackbutt Christmas Spectacular this year.

Storytellers benefit from workshop

DARYLL Bellingham's 'Storytelling Workshop' proved highly successful and helpful for all attendees.

Here are some comments from those who took part. Keep an eye out for another workshop which is planned for the near future.

"BEING part of the oral storytelling workshop was such a gift. It brought together three of my favourite things: community, connection, and creativity. I walked away with new skills, fresh confidence, and beautiful new connections. It reminded me just how powerful our stories are when we share them with others."

MEL McNAUGHTON

"OVER the past few years I had imagined 'writing my life's story' but never really knew where to begin. I read an article about a 'Story Telling Workshop' at Yarraman Heritage House, and thought how appropriate, so I booked my spot. It was a most enjoyable day with tips and hints on how and where to start. I don't believe it'll be a best seller but I know my family will enjoy a laugh or two."

HAZEL CHRISTIE SMALL

99.7% LOCAL NEWS - PUBLISHER'S DISCLAIMER

Opinions expressed are not necessarily those of the publisher.

No responsibility is accepted by the publisher for any information in text, illustration or advertisements, and disclaim any liability arising from any person acting on the material in this publication.

Reproduction of any part of this newspaper in any form is not permitted without the written permission of the publisher.

The publisher reserves the right to refuse any article or photograph it deems as unsuitable or unacceptable to the principles and values of the publisher or may infringe copyright laws.

GET YOUR BUTT INTO GEAR

WE HAVE A GREAT RANGE OF STOCK SUPPLIES ... NO BULL!

JBH Rural stock all your cattle needs including:

- ~ Cattle drench (pour on and injectable)
- ~ Vaccines
- ~ Stock Feed
- ~ Mineral Blocks and Dry Lick

and much, much more

JBH RURAL

PHONE 4163 8830

corner of Emmert Street and D'Aguilar Highway, Yarraman

admin@jbhrural.com.au

facebook.com/JBHRural

"Proudly supported by Tarong Power Stations and Meandu Mine"

WHFM 99.7% LOCAL NEWS

PAGE 5



Gedday Yarraman.

I'm hoping you've been able to enjoy saving some watering time in your gardens and the improved health and hydration.

The November hailstorms pushed so much nitrogen into the ground, that all our root systems would be partying underneath the soil.

This months article is also about saving money and time by growing your own crops without buying seedlings.

Your kitchen is a seed vault for lifetime food security gardening.

The best gardening doesn't require expensive seeds or fancy equipment just patience and a willingness to learn.

Are you curious ?

Lets start with the popular veges:

1. SPRING ONIONS and red or white onions often have dried roots, which generally we cut off and discard. Try planting the slice where you cut off the roots direct into soil. No more buying spring onions or onions.

2. PUMPKINS – And Squash save those seeds for oven drying or frying and eating as snacks or better still, save them to dry for planting next years crop. Any dry seeds you have, plant them now - it's the right time of the year for pumpkins and squash to grow. If you don't have the space for the vine to grow wild in your yard, erect a trellis at the spot of sewing your seeds and watch your pumpkins grow upwards.

3. GARLIC cloves that you once bought at the store and forgot about left in your fridge have sprouted? Plant the individual cloves unpeeled, pointy end up (the sprout side) direct into the soil under trees or in the garden. These will grow foliage quickly however the garlic will take up to 8 months to mature a full cluster of cloves.

4. TOMATOES slice up a tomato and place the slice on a dish or in a jar with cotton wool or paper towel or even toilet paper, add water to dampen and keep moist. Watch those seeds grow day after day.. Once they sprout, transfer the seedling carefully to a pot or into the vege garden. You will always have tomatoes (any kind) if you grow a slice!

5. BEANS – all types. Have you bought a packet of mixed dried beans/lentils/split peas/black beans or dried peas or chick peas

for your soups and stews? pinch a few from the packet because these are seeds. Soak overnight then plant into your smallest containers or old seedling plastic pots in a good soil or compost or potting mix. Mist everyday until sprouted. Are you surprised? I was. Watch these legumes grow.

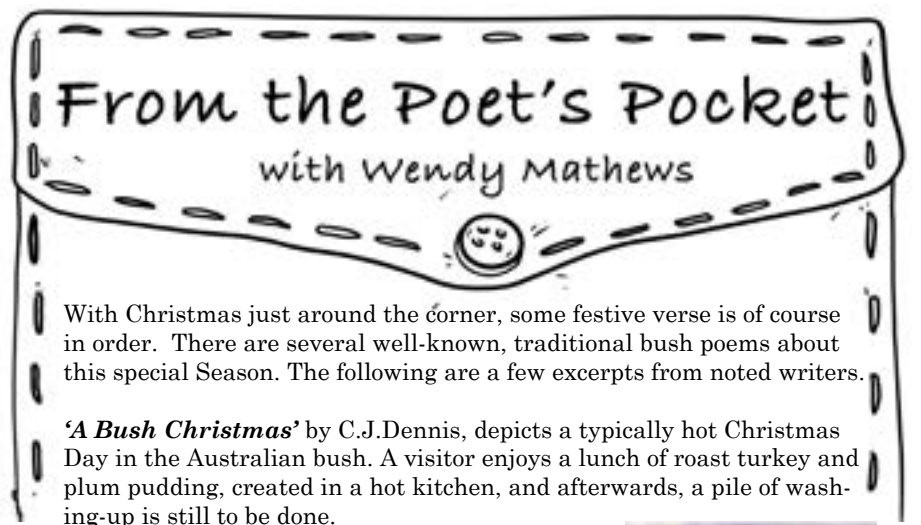
6. POTATOES – do you have older dried out potatoes that have strange odd shape lumps on them? These are called eyes. We can grow a new batch of potatoes with these. Place cut potato with eye on top of soil, cover with mulch, as the stems grow, add more mulch and or soil. Continue until the stems die back and harvest your crop.

Experiment with other crops and their seeds.

HERBS are easy to propagate with cuttings. Dip cut end into honey and place direct into soil.

Companion planting coming next month for your summer crops to keep pests at bay and to maximise your yields.

Lets keep growing well together. Until next time...



With Christmas just around the corner, some festive verse is of course in order. There are several well-known, traditional bush poems about this special Season. The following are a few excerpts from noted writers.

'A Bush Christmas' by C.J.Dennis, depicts a typically hot Christmas Day in the Australian bush. A visitor enjoys a lunch of roast turkey and plum pudding, created in a hot kitchen, and afterwards, a pile of washing-up is still to be done.

'Your fault', says Dad, 'you know it is.
Plum puddin'! on a day like this,
And roasted turkeys! Spare me days,
I can't get over women's ways'. ...

'Ah well', says Dad 'I got to say
I never spent a lazier day.
We ought to get that top fence wired.'
'My!' sighs poor Mum. 'But I am tired!'



Banjo Paterson's **'Santa Claus in the Bush'** begins with...

It chanced out back at the Christmas time,
When the wheat was ripe and tall,
A stranger rode to the farmer's gate -
A sturdy man and a small.



The story goes on to explain how the 'special stranger' was invited in for Christmas Eve, and a special meal was prepared, only for him to leave later in the night. Then out with a laugh went the bonny wee man To his old horse grazing nigh, And away like a meteor flash they went Far off to the Northern sky.

In some of my own earlier Christmas memories, I recall a poster of the **'Six White Boomers'**, which was hung on the wall of my family home at Christmas time. The boomers were a team of white kangaroos pulling Santa's sleigh across Australia. The illustration was inspired by the children's song that was written by Rolf Harris.

Up beside the bag of toys little joey hopped.
But they hadn't gone far when Santa stopped.
Unharnessed all the reindeer and Joey wondered why,
Then he heard a far-off booming in the sky.
Six white boomers, snow white boomers,
Racing Santa Claus through the blazing sun.
Six white boomers, snow white boomers,
On his Australian run.



**Wishing all the readers a blessed Christmas, safe travels,
and a bright and happy New Year!**
Wendy

Powerlink grant helps ground maintenance for YHC

THE YARRAMAN Heritage Centre is delighted to announce it has received \$2400 from the 2025 Powerlink Community Grants Program.

With 181 applications submitted across 18 local government areas, competition was strong and we are incredibly grateful to be one of the successful

recipients.

This funding will directly support the purchase of ground maintenance equipment and first aid supplies.

This will help us keep the Heritage Centre's large outdoor areas looking welcoming for visitors and community members.

JBH 'STEELS' THE SHOW WITH SPECIALS



Ask us about
our great
prices on
steel

Reinforcing
mesh at
discounted
prices

We can cut steel to
your custom orders



corner of Emmert Street and D'Aguilar Highway,
Yarraman, QLD, Australia, Queensland.
Phone 4163 8830
admin@jbhrural.com.au
facebook.com/JBHRural



Body ~ Mind ~ Earth

The views and advice given are those of the credited authors. We advise that before following any health advice contained in these columns you check with your physician.

Whispers from the other side

By KELLI MacALPLINE

AS A PSYCHIC medium, I'm often asked how loved ones in spirit reach out to us.

Their messages are rarely dramatic, instead, they arrive as gentle, personal reminders woven into the rhythm of everyday life.

A feather appearing in an unlikely place, a bird that seems to follow you, or a butterfly hovering just a moment longer, these signs often carry a familiar energy, a feeling that wraps around you like a memory awakened.

Music is another powerful pathway. A song tied to a loved one may surface just when your heart needs comfort, as though spirit has nudged it forward.

Another way spirit can connect with us is through our dream state where the mind relaxes and the heart opens this is where spirit can step forward.

These prophetic or deeply symbol-



ic dreams often feel more like visits than imagination, leaving you with clarity, peace, or a message that stays with you long after waking.

One of the most overlooked signs comes through other people.

You may hold a question silently in your mind for your loved one or spirit, and without knowing any-

thing, someone around you speaks the exact words you needed.

A stranger's comment, a friend's sudden insight, or a phrase overheard can be a direct response from the other side, delivered through human channels.

Spirit communicates through feeling, intuition, and presence.

When you practice deep listening, not just with your ears, but with all your senses you begin to notice the subtle ways your loved ones reach out.

A shift in the atmosphere, a sudden awareness, a warmth in your chest, these are forms of communication too.

By opening yourself to these quieter layers of experience, you allow your loved ones in spirit to draw closer, reminding you that their love never left.



Asking Yarraman R U OK? any day

A LIBRARY is a calm, impartial and informative place for a community to come together to learn about anything.

Last month the Yarraman Library hosted an event so that local volunteer R U OK? Community Ambassador Jo Hassan could share how to have a conversation that could change a life and even save one.

Jo confirmed the research that the need to enquire about the welfare of our community has never been more needed because it can ease loneliness in others. Loneliness is often a significant factor that leads to suicidal thoughts.

A useful framework to use when checking in on others is "ALEC":

- A Ask how someone is in your own words.
- L Listen without judgement and without needing to have a solution.
- E Encourage action of some kind based on their story.
- C Check in again.

Jo gave away plenty of free resources explaining ALEC in more detail. There is an abundance of information including videos and downloadable brochures at <https://www.ruok.org.au/>

Jackie Roberts from the new Medicare Mental Health Centre in Kingaroy brought along brochures and information too.

"You don't need a Medicare card to visit the new complex at 98 Kingaroy Street, Kingaroy; just arrive and hopefully someone will be available to speak with you soon after," Jackie said. (Phone 4332 6200)

Refreshments were served, and there was a lot of heartfelt audience interaction and discussion.

Amanda Gordon and Jane Hodgkinson from Wild Horse FM 99.7 attended and even though the subject was serious, there was some frivolous banter between Jane and Jo before proceedings got underway.

If you missed this event and would like to attend another, look out for details of Jo's next local presentation at Blackbutt RSL at 10am on Tuesday, February 24, 2026.



YARRAMAN Wellness Centre

corner D'Aguilar Hwy & Browne Street

Kelli MacAlpine

- Spirit Artist
- Spiritual Medium
- Spiritual Counselling
- Holistic Spiritual Healer
- Transpersonal Art Therapist

Instagram @kelli.spiritartmedium
kelli.macalpine@gmail.com



Phone 0407 690 093



Hi, I'm Kerrie an Ayurveda Practitioner. Therapeutic Massage ~ 60 or 90 mins. I offer full body steam post massage, consultations, iridology, lifestyle related issues, sinus, digestive, women's health, eye and ear issues including ear ringing.

I am at the Yarraman Wellness Centre on Sundays

Phone 0478 414 469 for appointments or enquiries

Matt Gibson

Sound and frequency healing facilitator

Frequency imprinted pendants and stickers

Helping people find balance through sound, music and frequency



For appointments Phone 0420 669 337

BIANCA ROSE SMITH

Holistic counselling, natural therapies, spiritual healing and kinesiology jaw reset. I support people on their journey to better health: physically, mentally, emotionally and spiritually.

Phone 0447 343 641

biancarose9385@outlook.com



'Home is where your health is'

In our modern world we can be exposed to toxic air, water, chemicals and EMFs that can affect our health in many ways. I will help guide you through the process of identifying these toxicities in your living and working environments and offer the best products and services to mitigate and reduce these.

www.harmonisedhomehealth.com

Ph 0431 193 181



Nicky Iliffe HOMOEOPATH

Ph 0412 095 655

nickyiliffe@bigpond.com

75 Coulson Street, Blackbutt

<https://dynamichealthhomoeopathy.com.au>

Dynamic Health & Homoeopathy

CONNECTED * AUTHENTIC * VIBRANT * HEALTHY



Tonia Louise

Holistic Nutritional Consultant

Assisting you with healthier food choices for a healthier you

Mobile 0438 715 573

Email: tonialbice@gmail.com

Buy your Thermomix at

<https://tinyurl.com/BuyTM7withTonia>

♦ **Aroma Body Balance**

♦ **Emmett Practitioner** treats pain and discomfort

♦ **Spinal Flow Practitioner** for overall health transformation

Phone Annie on 0415 437 899 to make an appointment



DATE CLAIMERS

Events & Happenings

December 10

Morning Melodies - Nanango

Nanango Theatre Company's Morning Melodies group will be hosting a fun-filled morning from 10:00am at the theatre on the corner of Elk and George streets, Nanango. There'll be singing, trivia, raffles and a lucky door prize. Tickets are \$15, includes light refreshments, and can be bought (cash only) at the door.

December 13

Yarraman Country Markets

The new Yarraman Country Markets will be on from 8:00am to noon at Yarraman Memorial Hall in Browne Street, Yarraman. The markets - which include a fruit and veg stall - are held on the second Saturday of every month. Phone Joe 0459-638-282 to book a stall.

December 21

Blackbutt Country Markets

The Blackbutt Lions Country Markets - run on the third Sunday of every month - will be held at Les Muller Park in Hart Street, Blackbutt from 7:00am until around noon. The markets offer a wide range of locally produced arts, crafts and freshly harvested foodstuffs from more than 40 stallholders and everyone is welcome along! Interested stallholders can phone Kerri on 0477-169-860.

December 21

Taromeo Country Music Club - Blackbutt

Taromeo Country Music Club will be holding a music practice from 10:00am to 2:00pm at the Blackbutt Golf Club, 51 Langton Road, Blackbutt. Everyone is welcome to come along and join in (BYO instrument!) or simply to listen! Lunch and drinks can be purchased at the club. The club meets every two months on the 3rd Sunday of the month. More info? Phone Pam on 0403-156-536.

SELF DEFENCE AND FITNESS

for men, women, children and families

Unlimited training

3 nights per week for the price of 2
NEW PAYMENT OPTION

BLACKBUTT

Blackbutt State School Hall

Crofton Street

Wednesdays 6.30pm to 7.30pm

YARRAMAN

Yarraman Memorial Hall

Browne Street

Tuesdays & Thursdays 6.30-7.30pm

Come along for a \$10 trial session,
we look forward to meeting you

Mr K and Mrs P Moroney

Mobile 0494 186 820

www.ThePITMartialArts.com.au



Australia Post invites kids to write to Santa

CHRISTMAS Santa Mail is back for another magical year, and children across Australia are once again invited to hand-deliver their Christmas wish lists at their local Post Office.

Young Santa fans can drop off their letters in store and receive a special reply from the North Pole, plus a festive Pip the Koala Christmas ornament to take home.

Australia Post is encouraging families to join in the much-loved tradition by helping little ones write a letter to Santa, seal it in an envelope (no stamp required), and deliver it to a participating Post Office.

To make sure replies arrive before

Santa takes flight on Christmas Eve, here's how it works:

Write your letter: Kids can tell Santa what's on their wish list and share something they're proud of this year.

Drop it off: Head to your local Post Office and hand over the letter.

Receive the magic: Each child will receive a reply from Santa along with a Pip the Koala ornament.

If your child has already posted their letter to Santa they can still drop by a Post Office to collect their reply and keepsake.

Josh Bannister, Executive General Manager Retail, Brand and Marketing at Australia Post said the excite-

ment of Santa Mail continues to delight Australians of all ages.

"Santa Mail is a treasured tradition for families and something our team looks forward to every year. Seeing children's faces light up when they hand over their letters is what makes Christmas so magical.

"We're proud to help Santa spread a little magic across Australia once again," said Mr Bannister.

Australia Post has also released two new Christmas stamp ranges.

The range includes two 65c stamps ('Santa' and 'Presents') and a \$3 international stamp, with a separate religious set also available.

December 7

Yarraman Christmas in the Park

SANTA has upgraded his transport this year and will be arriving at the Yarraman Christmas in the Park by Fire engine. There will be rides for tinies to teens, markets for mums and dads, while grandma and grandpa can jive to the music of Wild Horse FM as they broadcast live from the event or perhaps sneak off for a quiet rum and popcorn at the RSL bar. This year promises to be bigger and better than last year with more fun for everyone.

December 7, 4pm to 8pm, Eroll Munt Park, Yarraman.

4:00 PM - Carnival opens

5:00 PM - Performing arts

5:30 PM - Santa arrives on the fire truck

6:30 PM - Carols with Michelle

8:00 PM - Fireworks finale

COME ON ... GET ACTIVE

TENNIS: Social tennis, Blackbutt Tennis Club, 61 Hart Street, Wednesday 8am, Saturday 8am, and Pop Tennis Monday 4pm.

LINE DANCING: Monday night and Wednesday morning. Blackbutt Memorial Hall, Bowman Road.

PARKRUN: 5km run/walk Ros Gregor Trail, Tipperary Flat, Nanango. Saturday 7am.

PARKFUN: Brisbane Valley Rail Trail park run, Blackbutt every Saturday at 7am.

WALKING CLUB: Monday meet at 7am BBQ hut Errol Munt Oval Yarraman.

DARTS: Nanango Darts Club, Elk/George Sts. 6.30pm.

DARTS: Blackbutt Darts Club, the Lion's Den, Showgrounds. Tuesday from 5.30pm.

CHAIR YOGA: Nanango Community Centre, Monday 9.30am.

ACTIVE SENIORS: Exercise classes for seniors by seniors. Yarraman Memorial Hall, Wednesdays 9-10am. \$5p.p. Helen 0434 243 085

YOGA: Yarraman Memorial Hall, Wednesday 6.30pm.

YOGA: Yarraman Memorial Hall, Thursday 9am.

INDOOR BOWLS: Nanango Cultural Centre, George Street, Tuesday 12.45pm.

INDOOR BOWLS: Yarraman Indoor Bowls, at the Lutheran Church Hall, McDaniel Street, Tuesday 9am.

December 5

Blackbutt Christmas Spectacular

BLACKBUTT Christmas Spectacular is rocking around the Christmas Tree on Friday, December 5, from 6.30pm at the Blackbutt Memorial Hall. Free admission, family friendly, bar and raffles, plus a magical night of song, dance and laughter. Special guests Julee-Anne Bell, The Blackbutt Singers, Warren Gould and Stephanie Wimpenny plus Santa and watch out for the Grinch.

Bookworms feast at Yarraman Book Fest

CLASSIC stories or romantic folly, whatever your taste in reading you are sure to find it at the Yarraman Heritage Centre Book Fest.

On Saturday, December 6 the gates of the Heritage Centre will open at 8am and you can explore mountains of books, snoop out bargains at the Garage Sale or sniff something spectacular at the Plant Sale.

Looking for a 'how to' book, fairy tales, or a collectable book? It's sure to be here. Do you need a couple of wheel barrows, chairs, paintings, old school desks, household items? We've got those too. How about some houseplants, shrubs, flower, or vegies? Yep, not a problem, all at bargain prices.

Not only that, but you can refuel with a sausage at the Bailey Pine Care barbecue, then come and chat with your community radio broadcasters at the Wild Horse FM tent.

Wild Horse FM will be broadcasting live on the day. Gates open at 8am and close at 3pm.

The lower floor of the museum will be open free of charge (no tours) from 10am-noon.

Big bowls event at Yarraman

DECEMBER 6 and 7 are two big days on the bowling calendar as Yarraman hosts The Rosalie Fours.

Visiting bowlers from Quilpie, North Dalby, North Ipswich, Peranga and other clubs will compete against Yarraman's best.

Come and watch your favour players in action at the Yarraman Bowls Club.



Bailey Pine Care

~ Your trusted Aged Care coordination service ~

Talk to our experienced staff to be ready for a smooth transition to Support at Home

26 Millar Street in the Yarraman Heritage Centre

PHONE 07 4335 0010

Empowering older Australians to live independently in the home they love for longer



Photo: Fanny Renaud

