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FREE

EDITION 011, MAY 2026

EMAIL: news@wildhorsefm.com

PH: 41638 997

Bookfest brings books, bargains, barbecue and more

SATURDAY, MAY 16
YHC Bookfest 8am-2pm
WHFM open studio 10am-12

BOOKFEST is with us once again but this time there is a lot more on offer when you visit the Yarraman Heritage Centre (YHC) on Saturday, May 16 from 8am to 2pm.

Along with a vast variety of books, from paperbacks and magazines to collectables, there will be CDs, DVD, and for those music purists a range of vinyl LPs on sale.

YHC's historian Angela and her volunteers have been working tirelessly to make sure those coming to the day will not only bag a bargain but will find quality books and products.

Garage Sale expert, Carole, has managed to roundup some great pieces, big and small, so there will be something for everyone.

This time at the Plant Stall you will have the opportunity to talk to and ask questions of our garden guru, Michelle, who presents Wild Horse FM's *How You Growing?*

But wait there's more!

YHC and Wild Horse FM are taking the opportunity to have an information desk for anyone thinking of volunteering.

The desk will be manned by our present volunteers so come along, ask questions, tour YHC and the Wild Horse FM studios, maybe there is a place for you with our friendly teams.

YHC need gardeners, cleaners, curators, researchers, cataloguers, librarians, etc.

WHFM need broadcast presenters (young

and not so young), cleaning/office organisation, social media guru and website updater, ideas for new shows.

WHFM will be broadcasting live from our studios 10am to 12pm, come and have a look.

But there is still more!

That succulent aroma hitting your nostrils as you walk through the gate will be the barbecue operated by Bailey Pine Care. Who could resist their bacon and egg sandwiches?

Still not enough how about this?

And after you have made your purchases come tour the museum main building (ground floor) open from 10am - 12pm, entrance is free.

See you at the YHC on Saturday, May 16.



Can Blackbutt give Kiwis the chop?

By MICHELLE OVENDEN

WHO invented the pavlova, plays the best footy or bowls the best underarm in cricket? This form of 'friendly' rivalry from 'across the ditch' has spanned decades and now it has come to our own backyard.

Locals will have a chance to watch an epic battle when our Aussie team swings

into action and faces off against our Kiwi cousins.

Members from the Blackbutt Axemen and Sawyers (pictured above) have been chipping away at the right to declare themselves the best woodchoppers and sawyers, in their clash against a team from New Zealand's North Island, for nearly a year.

The competition began last June at the Redcliffe Show, when the Blackbutt team members won three out of three rounds against the New Zealanders.

The gauntlet was thrown down and a second matchup ensued, with the Blackbutt team travelling to New Zealand, where, on home soil the Kiwis finally captured two victories out of the three rounds.

Which brings us to the Blackbutt Show where the results for bragging rights balance on an axe blade.

Round three will be a lot of fun and our team needs support so go cheer them on as the chips fly on Friday night, May 15 with the final on Saturday, May 16 at the Blackbutt Showground.

Photo courtesy of Peter Argent

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LOOK

WHAT'S ON



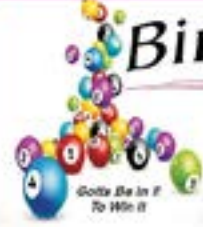
Nanango Show Society

COMING EVENTS

MARKETS
Saturday, JUNE 6

Heritage Nanango
Country Music Muster
September 10-13

Nanango Showgrounds, 129 Drayton Street
Phone (07) 4163 1273
Email: office@nanangoshowsociety.com.au



Bingo Buzz

Join the fun every Saturday
@ Nanango Cultural Centre
48 Drayton St. Nanango

and every Second Monday
@ Yarraman Memorial Hall
11 Browne Street Yarraman

Doors Open @ 10:00am
Eyes Down @ 11:00am
Start Times Same @
Nanango and Yarraman

Door Prize,
Meat Tray Raffle,
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Michelle. Ph: 0435 953 736



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ARE you looking for a gentle way to exercise to improve balance and increase strength? Have you tried Tai Chi?

Tai Chi originated from ancient China but is now practised throughout the world as an exercise for better health.

These classes are non-contact, no physical pushing, throwing or sparring. It is a class that assists in improving muscular strength, flexibility and fitness as well as improving relaxation, balance, posture and immunity.

Class sizes are restricted to ensure you get the best out of the class. For more information or to book your spot for the Tai Chi classes at Blackbutt, Yarraman or Wondai phone or text Helen, instructor with Tai Chi for Health Institute on 0434 243 085 or email helenrw@outlook.com

Easter Walk Of Faith popular

By NANCY MacDONALD

ON THE recent Easter Friday, around 40 people participated in the Annual Walk of Faith in Yarraman.

The Walk of Faith started over 35 years ago by a parishioner from the Yarraman Catholic church and the other local churches were invited to join.

The tradition, which commemorates the Biblical journey of Jesus on what we now call Good Friday, has continued every year, apart from a brief break during Covid.

This year we started at the Uniting church with a Bible reading about the crucifixion, followed by a song and prayer.

A cross and a banner were carried as we walked to St Philip's Anglican church, where there were more Bible readings, singing and prayer and then continued to the Calvary Lutheran church where our service concluded.

Our group this year included a good representation from each of the three churches and a wide range of ages.

Unfortunately, the Catholic Church has closed here in Yarraman but the Walk of Faith continues.

YARRAMAN

Yarraman Parkinson's Qld Support Group: second Wednesday of the month (Feb-Nov) 10.30am, Yarraman Library, Toomey St. Informal meetings for information/support. Barbara 0400 646493, Vicki 0487 307 909.

Yarraman Collective: Meeting is open to all representatives of community groups and businesses. Email yarramancollective@gmail.com for day and date of meeting, 3pm, Yarraman Library. Open discussion on issues concerning Yarraman and surrounds.

Chattering Roses: coffee and chat group, Information is on Facebook Yarraman Community Notices.

Bingo Buzz Yarraman on every second Monday at the Yarraman Memorial Hall 11 Browne St, door opens at 10am, eyes down at 11am.

Yarraman Men's Shed: Mill Street, Yarraman, 8am to noon Mondays, Wednesdays and Saturdays.

Yarraman Craft & Chat - For the Oldies: First Monday of the month for oldies. 1-3pm at the Yarraman Wellness Centre, 24 Browne Street. \$5 pp. Call Sharon 0402 980 857

Yarraman Harvest Exchange: Sunday 9am to 10am at The Pink Flamingo. Share your excess produce or seedlings. Text 0447 343 641

Yarraman Country Markets: Second Saturday of each month from 8am till noon at the Yarraman Memorial Hall. Phone Joe on 0459 638 282

Yarraman Holistic Markets: Last Saturday of each month, 8am till noon, Yarraman Men's Shed, Mill Street. Local products and fresh produce, health stalls and bric-a-brac. Phone Bianca 0447 343 641

Yarraman Craft & Chat: Third Saturday of the month for everyone. 1-3pm at the Yarraman Wellness Centre, 24 Browne Street. \$5 pp. Call Sharon 0402 980 857

Meal Night: Yarraman Heritage House, last Friday of the month, 6pm. Dinner and dessert for \$25 p.p. Lucky door prize, raffle, entertainment. Book on 41638111. Funds go to the running of Yarraman Heritage Centre.

NANANGO

Taras Hall Bingo: Henry Street, Thursday eyes down at 9.30am.

Crafty Get Together: Community Centre, fun craft session every Wednesday from 9.30am.

Storytime In The Park: family event from 10am - 11am on the first Wednesday of every month, Butter Factory Park, Drayton St.

Nanango Men's Shed: cnr Mt Stanley Road and Heathermore Lane, 8.30am to noon Saturday, Monday, Wednesday.

South Burnett Community Share: Nanango Cultural Centre, George Street, 9.30am, third Sunday of every month.

Alcoholics Anonymous: every Wednesday 10am to 11am, Catholic Church hall at the corner of Alfred and Gipps Street.

Bingo Buzz Nanango on every Saturday at the Nanango Cultural Centre 48 Drayton St. Door opens at 10am, eyes down at 11am.

Nanango Country Markets: First Saturday of every month 6am to 12 noon. Nanango Showgrounds.

Pass The Yarn, Nanango QCWA: Every Monday at 9am at the club rooms, 55 Fitzroy Street. Bring along your works in progress or start something new. Cost is \$5 for morning tea, coffee or tea.

Nanango Art Workshop: Every Tuesday at 9.30am at the old Scout Hall, 40 Henry Street. Cost is \$10 which includes all you need.

Nanango CTC Cuppa N Chat: Last Wednesday of the month at 9.30 till 10.30am at 41 Drayton Street

Nanango Church Yard Op Shop: Fourth Saturday of each month 7.30am till 11.30am at the Anglican Churchyard at the corner of Drayton and Burnett streets. Phone Sue 0419 319 982

Yarraman RSL Drop-In Centre

RETIRED and Current Defence Service members are invited to the Yarraman RSL Drop In Centre for a coffee/tea and a game of darts or pool on the last Sunday of each month.

First date is Sunday June 28, 10am-2pm at the RSL, 1 Emmett Street Yarraman.

BLACKBUTT

Blackbutt Lions Market: Third Sunday of the month from 7am at Les Muller Park in Hart Street. Nick 0423 882 405.

Cuppa n Chat: QCWA 65 Coulson Street, Blackbutt. Monday 9.30 to 11.30am. BYO craft.

Blackbutt/Yarraman QCWA Devonshire Tea: Every Wednesday, 10am - noon at the little blue house 65 Coulson St. \$12 for Devonshire Tea with bottomless tea or coffee. Ph 0494 038 066

Blackbutt Lions Club Community Meals: Every second week 7:30pm, Lions Den, Bowman Rd. Free. Dine in or take away.

Taromeo Country Music Club: Meet every fortnight, Tuesday 1.30 - 4.30 for practice. Public social, every 2 months on the 3rd Sunday 10am - 2pm at Blackbutt Golf Club. Phone 0403 156 536

Timbertowns Woodworking Group Inc. Wednesday and Sunday, 8am - 12pm, Thursday, 4pm - 7pm. Blackbutt Showgrounds.

MAIDENWELL

Maidenwell QCWA: 9.30am branch meets on the first Wednesday of every month (except January).

Maidenwell Library: Every Wednesday 9am to noon and Saturday from noon till 3pm at the hall (run by QCWA)

COOYAR

Cooyar Community Cuppa Group: Cooyar Hall, fourth Thursday of the month, 9.30-11.30am for a cuppa, chat and craft. \$2 donation, bring a small plate of morning tea to share. All welcome. Ph 0467 208 475.

Yoga at Cooyar: Every Tuesday at 9am at the Cooyar Memorial Hall on the New England Hwy. Phone Jane 0408 988 100.

NANANGO HANDMADE MARKET

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ENTR 9
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SUNDAY 17th MAY



Birthday girl paints the town red

95 YEARS OLD and ready to party, that is what Marg Smith proved recently. Celebrating her milestone birthday with friends from the Chattering Roses, Marg enjoyed morning tea at the Farmhouse Coffee Shop, then the 'Birthday Queen' went on to party with her family at Frohlies Grill. *Happy Birthday Marg.*

Reader's passionate Letter to the Editor

EDITOR'S NOTE: It is not very often we get a Letter to the Editor, however this reader felt so passionate about the health support system that we have included their views in this publication.

Hands off health support for older Australians

There's something deeply wrong with the idea of reducing private health insurance rebates for Australians aged 65 and over.

At a stage of life when healthcare becomes more essential, not less, many older Australians are being asked to shoulder more financial pressure.

And this isn't a generation sitting idle. Many are still working, volunteering, or caring for others in their communities every single week.

I see it firsthand.

My husband and I have just retired and together we contribute around 30 hours of volunteer work each week.

Like many others, we maintain private health insurance not as a luxury, but as

a safeguard—to avoid long public waiting lists and to access care when we need it.

Even with insurance, out-of-pocket costs are already high. Reducing the rebate risks pushing people to the point where they can no longer afford to stay covered.

And if that happens, the consequences won't just be personal—they'll be system-wide.

More people will rely on an already stretched public system, and fewer will remain in the private system supporting its viability.

There's also a fairness question.

Older Australians often pay similar premiums to younger families, despite having very different needs. Yet we're the ones facing reduced support.

If we want a healthcare system that works, we should be supporting people to stay insured—not pushing them out.

Because in the end, this isn't just about policy, it's about dignity, access, and the kind of country we want to be.

This letter is signed however they have asked to remain anonymous.

Frank and Jon shoot for people's choice award

WILD Horse FM's *Shoot the Breeze* has made it to the final of the Australian Audio Awards - People's Judging category and now it is time for you to vote.

It is simple and with your help

we can get the work of Frank, Jon and the local people they have interviewed recognised nationally. Go to:

<https://mumbrella.com.au/industry-comes-together-to-judge-inaugural-australian-audio-awards-921748> Scroll down to number 19.

#19 – Best Non-Commercial Program

vote for

Shoot the Breeze – Wild Horse FM Community Radio



Council closes playground

SOUTH Burnett Regional Council has advised the community that the Nanango Lions Park Playground area under the shade sail will be fenced off and closed to the public indefinitely.

Council's Parks team carried out an audit on the play equipment and it was determined that some items are no longer useable.

The swing set will remain open. A new playground will be installed when funding becomes available.

Inaugural expo looking well

THIS month Yarraman is gearing up for the inaugural Live Well Community Expo with the focus being on health and well-being.

A variety of practitioners will take part with either stalls, talks or information.

From past lives to vibrational health, nutritionists to Reiki practitioners the

list of exhibitors covers a wide range of ways to live a well balanced life.

It will be a deep well of beneficial information for those seeking a better, healthier way of life.

Below are two of the exhibitors, for more see page 7 or go to the Facebook page of Live Well Community Expo.

BIANCA ROSE
Yarraman Wellness Centre

Hi I'm Bianca.

I am a holistic counselor, natural therapy consultant and spiritual healer. I offer different types of readings including Astrology, Oracle, Tarot, Past Life and more.

I will be hosting a past life regression workshop. No prior experience required. This may help you let go of fears, ailments, relationship issues & more. Small group only. 3 pm, Room 2. \$30 pp 0447343641

Andrea McKay

Sultrique

Hi, I'm Andrea. The woman behind Sultrique — a space created to celebrate confidence, curiosity, and the kind of wellbeing that starts from within. I'm deeply passionate about helping women feel empowered in their bodies, aligned in their choices, and connected to what brings them pleasure, joy, and vitality.

With a genuine love for health, intimacy education, and women's overall wellbeing, I've built Sultrique as a place where women can explore, learn, and elevate their personal confidence without apology.

Whether I'm guiding conversations around sexual wellness, sharing holistic lifestyle insights, or creating unforgettable experiences through my events, my mission remains the same: to help every woman own her yes and feel deeply at home in her skin.

Sultrique isn't just a brand — it's an invitation to step into your power, embrace your sensuality, and live with bold, nourishing authenticity. And I'm right here with you, every step of the way.

Join in the Cooyar Biggest Morning Tea

BOIL the billy for cancer research, or to save you the hassle come to Cooyar and join in their Biggest Morning Tea.

The Cooyar Community Cuppa Group will host the event on Thursday, May 28 from 9.30am in the Cooyar Hall and everyone is

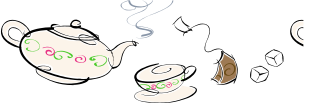
welcome to come along and enjoy the morning.

Tombola, a raffle and stalls will add to the fun of the m, as well as good company and a cuppa.

The cost of \$5 per person includes a Lucky Door Prize ticket and morning tea. All proceeds go to sup-

port the work of the Cancer Council of Australia.

For stall bookings or more information about the day contact Lorraine on 0467 208 475 or email tlindy@skymesh.com.au



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From the Poet's Pocket with Wendy Mathews

Each year the Winton Business & Tourism Association runs the Bronze Swagman Awards for bush poetry. Entries must be new works, written exclusively for the competition, and not have won or placed in any other contest. A selection of the top entries is then published in 'The Bronze Swagman Book of Bush Verse'. The following poem appears in the most recent 2025/54th Edition.

ON THE DOWNS by Rosemary & Jonathan Lee (Goombungee)

The perfect existence I stow in my head
has ducks in the bathroom and cats in the bed;
a farm in the country with views of the sea,
and three-tiered cakes that are calorie free;
a magical wardrobe with spells to delight;
and crops that are monstrous - unhampered by blight;
my husband who hears me and listens for real,
and platters enchanted to summon a meal;
our knees not impeded by muzzles or pain,
and skies that obligingly issue us rain.



Reality scatters the whimsical thought,
but never defeats me despite what it's brought.

I've dirt in the kitchen and rats in the shed,
where some are alive but the others are dead;
a tractor marooned at the back of a tree,
unmoved by the branches that scream to be free;
a phone that's a zombie when signals are spare,
and tanks that are angry from living on air;
a noise in the ceiling I'd rather ignore,
and hopes disregarded by paddocks that snore;
a garden devoured by weeds that can leap,
and tasks I've abandoned corrupting my sleep.

Determined to spin my perceptions around,
I cherish the vista I've sought and have found.

Delivered for free are the stars that were bred
for hailing the folks who avoid city spread;
expanses of trees and the wildlife they draw,
and neighbours who willingly share from their bore;
the country G'days of a point and a nod
that puzzle the strangers I greet from the quad;
the morning recitals presented by crows;
my husband's embraces that banish the lows;
the comfort from scones when they're hugging our plates,
and tonics distilled from our laughter with mates.

The stitches I've captured have patched up my days,
which mostly are perfect – apart from the frays.

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Old But Interesting

Exploring history at the Yarraman Heritage Centre

Yarraman & District Historical Society Inc manages and administers the Yarraman Heritage Centre.
For any enquiries or to help out and volunteer please phone 07 41638111 and leave a message.

History smells sweet at the Yarraman Heritage Centre

LET'S talk about perfume and perfume bottles over the next couple of months.

The YHC's museum has an extensive perfume bottle collection which has inspired the subject of this informative article.

Over the next three months our *Old But Interesting* segment will feature articles examining the vast history of perfume and perfume bottles.

Originally perfume oils were made from materials such as flowers, bark, leaves, wood, seeds and roots.

These oils were used in religious ceremonies, burial practices as well as for the scenting of bodies and baths.

Peppermint and rose were used to make perfume oils.

As trade routes expanded, exotic herbs and spices became available and were used in scents.

Perfume and the use of scent dates back to ancient times.

Examples of perfumes and perfume oils can be found in ancient Egypt, the Roman Empire, Persian Empire and Mesopotamia.

In ancient Egypt perfume oils and fragrances were regarded as a status symbol.

Perfumes were made from non-scented oils to distil natural ingredients, with scents frequently being fruity, woody, or floral.

Ancient Persia reigned in the perfume trade for decades and Persia is believed to have invented non-oil-based perfumes.

Persian kings and nobility had their own signature scents.

The ancient Romans and Greeks detailed perfume oil processes, which has enabled the reassurance of Greco-Roman fragrances, with some fragrances dating back to 1850 BC.

The Arabs introduced perfume to Europe.

In 1370, Queen Elizabeth of Hungary, presented perfume as a mixture of essential oils in a base of alcohol, which was known as 'Hungary Water'.

During the Renaissance in the 16th Century, the Italians refined this process, with Catherine de'Medici, the Italian Queen of France, introducing France to perfume.

this article was written with the assistance of <https://asedos.com.au/blogs/news/the-history-of-perfume> and <https://ausganica.com.au/blogs/conscious-beauty-moreen/the-history-of-perfume>

NEXT MONTH: Discovering perfume bottles.



Drop into the YHC museum and check out its perfume bottle collection.

Driver Reviver - saving lives

YARRAMAN Driver Reviver Easter holiday campaign has been the most successful since the move to the council provided facility at Errol Munt Park.

Over the two weekends of operation (six days), 300 road users were provided with refreshments by the wonderful team of volunteers.

Road users and the travelling public find Yarraman a great place to stop, not only because of the fantastic location and the available facilities but also as a result of the friendly and welcoming volunteers who greet them and provide local information, a cuppa and of course a chat.

Yarraman Driver Reviver is one of two remaining dedicated locations in the Toowoomba Local Government Area still operating and it is able to continue to operate due to the dedicated commitment of volunteers with the support of the Yarraman Heritage Centre, Victorian SES and the Toowoomba Regional Council.

Anyone interested in joining the team as a volunteer please contact the Yarraman Driver Reviver convener, Carole Verden on 0417427667.

FREE COMMUNITY GRANT WRITING WORKSHOP

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HIGHFIELDS CULTURAL CENTRE - 19TH MAY
COOYAR COMMUNITY HALL - 20TH MAY
CECIL PLAINS MEMORIAL HALL - 21ST MAY

9am - 3pm

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admin@jbhrural.com.au
facebook.com/JBHRural

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5-6am	Aussie Music Weekly	Aussie Music Weekly	It's Time	The Folk Show	Dirt Music	Blues, Roots, n Boots	Let The Bands Plan	5-6am
6-7am	KAREN'S Classic Collection	Start the Morning with MAYA	Start the Morning with MAYA	Start the Morning with MAYA	Start the Morning with MAYA	In The Groove with HEIDI	Music Mix	6-7am
7-8am							It's My Country Radio Show	7-8am
8-9am								8-9am
9-10am	Music Mix	KAREN'S Classic Collection	Music Mix	One Hit Wonders with GREGO	Aust Music is Bloody Great	It's Time	Shoot the Breeze from the archive	9-10am
10-11am	Dirt Music			A Breathe of Fresh Air			The Local Source AMRAP	10-11am
11-noon	The Folk Show	Rock The Kazbar	AMRAP Wrap Up GREGO	GREGO'S Aussie Music	In The Groove with HEIDI	Greg's One Hit Wonders	Happy Hour 2	11-noon
Noon-1pm	Monday Melodies with KATHY	Tuesday Tunes with KATHY	Shoot The Breeze			Shoot The Breeze (rpt)	HEIDI'S Hour	Noon-1pm
1-2pm			Corner Country	ANNE'S On This Day		Radio Remedy (rpt)	Aussie Music Weekly	1-2pm
2-3pm			Happy Hour	Today's Hits with ANNE				2-3pm
3-4pm	Your show could be here contact us	How You Growing?	Pop Heads	PETER'S Music Legend Interviews	Friday Feel Good with KATHY	Stafford's World	Sunday Session with ASH	3-4pm
4-5pm		AddyZ Music Hits	Music					4-5pm
5-6pm		DJ needed	YSS Radio Club	Music Mix				5-6pm
6-7pm	Evening with MAYA	Evening with MAYA	Evening with MAYA	Shoot The Breeze (rpt)	Rock	Rock The Kazbar	Karen's Featured Favs	6-7pm
7-8pm				ANNE'S Subject Matters				7-8pm
8-9pm	Music Mix through the night	The Music Room BRIAN AVERY	Music Mix through the night	Music Mix through the night	The Music Room BRIAN AVERY	Music Mix through the night1p	Shoot The Breeze from the archive	8-9pm
9-10pm		Karen's Featured Favs			Deadly Beats			9-10pm
10-11pm		Music Mix			HEIDI'S Airways			10-11pm
					Music Mix			



How you growing?

by MICHELLE NAYLOR

TUNE IN TO MICHELLE'S
GARDENING TIPS
ON WHFM 99.7
TUESDAYS AT 3pm
SATURDAYS at 10am

Good day to you, lovely readers and gardeners.

We've stepped into May, our third month of Autumn, transitioning to cooler weather with low humidity, perfect to spend time in our gardens without the heat of the last few months.

Throughout April, *How You Growing*, (Tuesdays from 3pm on Wild HorseFM 99.7) presented the power of nature and its ability to recharge us, create harmony, and indulge our senses through Feng Shui in the garden.

The flow of energy, the "chi", is the invisible energy that flows through your home... your body... and yes... your garden too.

We covered some simple ways to bring ourselves balance, peace, and even a little prosperity... just by how you place your plants, water, and ornaments.

I promised to share a diagram (pictured left) with you that covers all directions of the compass and associated meanings and elements and suggested local plants to enhance these areas.

I hope for you that it will inspire you to ignite your imagination to create your own personal magical sanctuary space and maybe you might like to research feng shui further.

PLANTING GUIDE FOR MAY

Are you ready to get some dirt under your fingernails? Gardeners, experimental growers and newcomers, May is a perfect time to grow leafy greens and a wide variety of plants and flowers and trees because the cooler

Vegetables	Fruit	Flowers and trees
Onions, chives, leeks, lettuce, kale, spinach, cabbage, bok choy, peas, snow peas, climbers, carrots, beetroot, potatoes.	Persimmons, feijoa, figs, finger limes, citrus, orange, mandarin, macadamia.	Pansies, violas, sweet peas, cosmos, salvias, Qld bottle tree, tuckeroo, grevillias.

weather encourages healthy growth without too many of the pests coming to invade our crops.

The cooling temperatures allow the roots to establish without the stress of exhausting heat.

Try growing in pots or containers or grow bags for smaller yards or balconies with limited space and try dwarf patio varieties of trees.

Remember to prepare your soil with mulch and compost and some fish emulsion if you are transplanting.

Try home composting for safe, natural ingredients to feed your gardens and if you can, use rainwater instead of tap water.

Send your questions to news@wildhorsefm.com

Tune in and listen to your community radio station Wild HorseFM 99.7 at 3pm Tuesdays and Saturdays at 10am for your weekly *How You Growing* gardening show with Michelle and we can talk about what's blooming in your neck of the woods.

Wishing you green thumbs and blue skies,
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When city and country collide

WHAT happens when city meets country? Brydie Holliday and Stacey Claperton have the answer.

City raised Brydie and country born Stacey are neighbours, mates and farming women.

They are passionate about caring for the land and their lives epitomize the challenges and rewards faced by women living in the bush.

These women have met all the demands that livestock management brings, amid raising young families and meeting the bank payments.

The friends both work on Brydie's

(and her husband Nick's) 325 acre property, Belvedere Farm, at Bullcamp, outside Nanango.

Belvedere Farm is a regenerative and mixed farming operation, producing free range pork, beef and eggs.

Listeners of Wild Horse FM 99.7 can tune in to *Shoot the Breeze* in May to hear Brydie and Stacey tell the story of their backgrounds, their farming journeys and their love of the land on which they live and work.

Plus they tell their story of their shared love of producing high quality, nutrient dense food.

Sweet as! Glen keeps passion buzzing

LOCAL beekeeper, Glen Smith, has carried his passion for bees around the world.

Glen previously kept bees in Kenya, New Zealand, Redcliffe and has now established his apiary in Yarraman.

With his six hives he generally extracts honey two or three times a year, depending on the abundance of flowering plants each season.

Glen, who is 76, decided that he needed some infrastructure to assist him to lift and move his bee boxes.

With the assistance and input of practical ideas from another local beekeeper, Ray Bea-com, he designed and built a special purpose bee shed (pictured right), which is probably the only one of its type in Australia.

Glen is the president of the Barambah Beekeepers Association Inc, which is currently based in Kingaroy, and his wife Sharon is the secretary.



On May 16 and 17, from 10am to 4pm, at the Kingaroy RSL, the Barambah Beekeepers will present Introduction to Beekeeping Course. Learn skills such as identifying bee life cycles, understanding a bee colony, identifying beehive component parts, manage colonies for survival and productivity, signs of pests and diseases. Phone Glen on 0412 725 323 for information and bookings.

LET'S TALK DIRTY

by
Horticulturist
Katrina Wood

This month we are going to talk about building Soil Humus ... What is Humus?

Humus is formed from decomposed organic matter, of which most Australian farming soils are missing now days and that's a shame because Humus is like soil infrastructure and can help with drought resilience.

Put simply Humus is like a big sponge holding many times its weight in water and can store that moisture for a very long time therefore reducing the need for irrigation - that in itself is a costly exercise.

Humus also improves soil structure and good soil structure means better water infiltration, less soil erosion, better nutrient cycling, and better plant growth.

Building up your soil Humus also builds up your soil biology and with that comes the all-important nutrient cycling factory

Some great ways to increase Humus and increase Carbon is by returning crop residues, add a compost to your pasture / soil - eg Poultry Litter then Boom Spray with BAM (bacterial Microbes) and BINGO you just made compost on your paddocks.

Minimise Till and keep living plants in the soil, dead plants = dead soil.

There is a great book out called *Dirt to Soil*, have a read if you get the opportunity, it just might reset your farming mind.

Thanks for reading Kat

Why don't Farmers ever gossip in the field ?

Because Potatoes have eyes and Corn have ears



SBRC Baiting Program

South Burnett Regional Council is conducting a coordinated Wild Dog & Feral Pig Co-ordinated Baiting Program.

Baiting stations will be held throughout the South Burnett from Monday, May 11 to Friday, May 15. All participants must register their intention to conduct baiting no later than Thursday, May 7.

For further information and to register your intention of attending a baiting station please contact Council's Natural Resource Management (NRM) team on 4189 9100.



Want BIG melons??? Come talk to us!

JBH Rural now stock Red Soil Organics Fermented Morpheus Blend. If it smells this bad, in a VERY good way, then it must be great stuff! Come in and check it out, other Red Soil products coming soon.



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Our popular products are back in stock, hurry in for humate granules (Google it), Fulvic Acid Powder (Google that too) and we can order in any natra min and Katek ferts



DROP what you are doing and mark Saturday, May 23 in your 'Must Do' calendar.

This is your opportunity to witness and take part in the beginning of something fantastic for Yarraman and the local general community.

The inaugural Live Well Community Expo will be held in the Memo-

rial Hall, Browne Street, Yarraman from 10am to 4pm.

With an extraordinary line up of alternative health practitioners and supporters the expo connects wellness, health, and holistic therapies and a community passionate about living well.

Come along and experience the

unique products, services and inspiring workshops. Talk with natural-health practitioners and explore the benefits of employing natural therapies and remedies into your daily life.

Help your family live their best, everyday!



MEL WILLIAMS

Blossom Holistic Health and Healing

Hi I'm Mel from Blossom Holistic Health and Healing.

I'm a Registered Nurse and Holistic Health Coach. Are you feeling out of balance, tired, or just not yourself?

At Blossom we take a gentle, holistic approach to help you reconnect with your body, restore your energy and support your overall wellbeing.

We specialise in:

- Gut health & hormonal balance
- Energy healing & mindfulness
- Support for chronic health concerns.

Come and learn simple ways to support your health naturally and experience the calm, nurturing energy that Blossom is all about.

KAREN CAMERON

Soul Revival Therapies

Hi, I'm Karen,

As an intuitive energy healer, I support individuals in healing emotional and energetic wounds by uncovering the deeper truth behind their experiences. Using a variety of powerful healing modalities, I help align mind, body, and soul—clearing blocks, restoring balance, and creating space for lasting transformation.

Together, we bring clarity to the past so you can move forward with peace, purpose, and a renewed sense of self. If you're ready to feel better, reconnect with your inner wisdom, and step confidently into a brighter future, I'm here to guide you on your healing journey.

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ANNE PRINCE

KINESIOLOGY

Hi, I'm Anne,

I am a KINESIOLOGY practitioner focusing on:

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- wYYse Quantum Kinesiology
- Working with Affirmations on Emotions.
- Hydration & it's importance.
- Magnesium Correction.
- Electrolyte Correction.
- Balanced energy means a balanced & happier, healthier YOU!

Contact Anne - 0480516091

JULIE RAE

The Hero's Journey

Hi, I'm Julie

My business is a spiritual artist and writer who has spent more than 20 years creating original imagery and words that deeply touch the heart.

My work blends mystical insight with practical understanding, shaped by my long career as a Registered Nurse.

Often described as "wisdom oracle cards on steroids," my pieces explore healing, transformation, and the full spectrum of human experience.

Each artwork is presented in a unique acrylic frame stand.

JULIANNE BOOTH

Neuro Art

Hi, I'm Julz,

Join me for an experience that blends creativity, neuroscience, and gentle psychological insight.

Neuro Art is a structured, science-informed creative process — not about "making art," but about reconnecting with your inner knowing and gently transforming what feels stuck or overwhelming.

Blending art, psychology, and neuroscience, Julz (a commercial artist and empath) guides each session through a clear multi-step framework that supports emotional regulation, insight, and clarity — without needing words or logic.

Book in early for my workshop at the Expo. juliannebooth@yahoo.com.au

KELLEE HOLLYWOOD

Earth Aunty

Hi, I'm Kellee,

I would love to welcome you into a calming, supportive space where Reiki, universal energy, and rhythmic drumming come together to help you unwind, release, and realign. These intuitive sessions are designed to gently guide you back to balance—physically, emotionally, and energetically—offering a moment to pause, reset, and reconnect with yourself.

My work weaves together grounded practices with intuitive guidance, creating a space where you can soften, gain clarity, and shift what's being held in the body. Using a combination of energy work, sound, and presence, each session meets you exactly where you are, supporting your nervous system and inviting a deeper sense of ease and alignment.

As a Birthkeeper, wayshower, mentor, artist and mystic, I am deeply devoted to holding safe, nurturing spaces for transformation. My background in women's wellness shapes a trauma-aware, respectful approach that honours the body's innate wisdom and your own inner authority. Whether you're seeking rest, clarity, or a deeper connection to self, these sessions offer a gentle yet powerful pathway back to centre.

The Grounded Life

by MELANIE McNAUGHTON

Melanie McNaughton is a local counsellor and founder of Ground & Grow, supporting rural people with gentle, down-to-earth wellbeing care.

Lately, things have felt a little heavier.

You feel it in the everyday, at the servo, the shops and in quiet conversations about how quickly it all adds up. Fuel prices, groceries, the general juggle of it all is sitting heavy for a lot of us right now.

While it's not always spoken of directly, there's a shared understanding. It's in the pause before filling up; in the quiet mental maths; in the way conversations can carry a bit more weight than they used to.

And if you spend too long scrolling, it's easy to get caught in the frustration, worry and everyone just trying to make it all work.

Unfortunately it can feel like connection gets a bit lost in the middle of that.

But the other day something happened for me, something small that cut straight through the heaviness.

I was lining up to pay at the servo, doing the same mental maths most of us are doing right now; how much?, how far?, what's next?.

When a lady tapped me on the shoulder and said, "I really love your shirt."

That was it but it completely shifted my day.

You see, it was the first time I'd worn that shirt out.

It's got a big slogan across the back that says, *don't be like the rest of them darlin'*, and, if I'm honest, I'd kept it as a 'stay at home' or Zoom meeting kind of shirt.

I'd overthought it, like we do, and wondered if it was really me ... or maybe a bit too much?

In that moment, none of that mattered. It was just a simple, genuine comment from someone who didn't have to say anything at all.

I jumped in the car and told my eldest daughter straight away, which then turned into this whole beautiful conversation about the importance showing up as yourself, even when you're a bit unsure.

Not waiting until you feel completely confident. Not trying to fit what you think is expected. Just

being you.

Because the right people will get it. And maybe that's what connection looks like right now.

Not big gestures.

Not perfectly timed catch-ups.

Just small, human moments. A kind word. A quick compliment.

A reminder that even when things feel a bit tight or heavy, people are still choosing to see each other.

Community might look different these days. Busier. More stretched. A bit worn out.

But it's never been more important, because in seasons like this when everyone is carrying something, those small moments of connection matter more than we realise.

Sometimes it only takes a moment to remind someone they're not doing it alone.

What's one small way you can connect with someone this week, even in passing?

Until next month, take the moment it matters, Mel

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WILDHORSE FM99.7

Radio presenter needed

WILD HORSE FM is looking for a volunteer who can fill some big shoes.

Our dedicated, community minded announcer Jane has had to take a step back from presenting her *Let The Sunshine* in radio show.

So if you would like to give it a go we would welcome you with full training provided.

The show is a community interest based show which talks about events and what's happening around our area plus happy, uplifting songs and music.

If this interests you phone 41638 997 and leave a message for our volunteer co-ordinator Matt, or come along to the open studio day, May 16, 8am to 2pm.

COME ON ... GET ACTIVE

WILD HORSE WALKING CLUB: MONDAY Walking Club meets at 7am at the BBQ hut next to the playground in Errol Munt Oval on Margaret Street. Leisurely 1 hour walk on a paved walking circuit. Phone Jane on 0408 988 100

POP TENNIS - BLACKBUTT: MONDAY, 4pm. Pop Tennis at Blackbutt Tennis Club, 61 Hart St. Ph 0407 378 795

LINE DANCING - BLACKBUTT: MONDAY night and Wednesday morning. Blackbutt Memorial Hall, Bowman Road.

DARTS - NANANGO: MONDAY 7pm. Nanango Darts Club, Elk/George Streets. Phone 4163 2255.

CHAIR YOGA - NANANGO: MONDAY 9.30am. Nanango Community Centre.

DARTS - BLACKBUTT: TUESDAYS from 5.30 till 8pm. Blackbutt Darts Club, the Lion's Den, Showgrounds. Phone 0468 354 163

INDOOR BOWLS - NANANGO: TUESDAY 12.45pm. Nanango Cultural Centre, George Street.

MAT/CHAIR YOGA - COOYAR: Tuesdays at 9am at the Cooyar Memorial Hall.

INDOOR BOWLS - YARRAMAN: TUESDAY, 9am, Lutheran Church Hall, Daniel St. Phone Murray 4163 9182.

SELF DEFENCE/FITNESS - YARRAMAN: TUESDAYS 6.30pm-7.30pm. Yarraman Memorial Hall.

SELF DEFENCE/FITNESS - BLACKBUTT: WEDNESDAY 6.30-7.30pm. Blackbutt State School Hall.

SOCIAL TENNIS - BLACKBUTT: WEDNESDAY 8am, social tennis, Blackbutt Tennis Club, 61 Hart Street. Phone 0407 378 795

LINE DANCING - BLACKBUTT: WEDNESDAY morning at the Blackbutt Memorial Hall, Bowman Road.

ACTIVE SENIORS - YARRAMAN: WEDNESDAYS 9-10am. Exercise classes for seniors by seniors. Yarraman Memorial Hall, \$5p.p. Helen 0434 243 085.

TAI CHI - NANANGO: THURSDAY 8am, Ringsfield House's gardens, 41-45 Alfred St, (or Nanango Showgrounds if it's raining).

SELF DEFENCE/FITNESS - YARRAMAN: THURSDAY 6.30pm-7.30pm. Yarraman Memorial Hall.

PARKRUN - NANANGO: SATURDAY 7am. 5km run/walk Ros Gregor Trail, Tipperary Flat, Nanango.

PARK RUN - BRISBANE VALLEY RAIL TRAIL: SATURDAY at 7am starting adjacent to Roy Emerson Museum Bowman Road Blackbutt. 5km run, walk, spectate or volunteer along the rail trail. Free to join.

SOCIAL TENNIS - BLACKBUTT: SATURDAY, 8am. Social tennis, Blackbutt Tennis Club, 61 Hart Street. Phone 0407 378 795

YARRAMAN BOWLS CLUB NEWS

By JOHN WATSON

THE Yarraman Bowls Club held two events during April that were open to teams from other clubs.

The first was the Annual Ladies Fiesta Day, an 'Official' event which means that each club in the area is expected to send a team.

There were 14 teams in attendance with bowlers from Binjour, Mundubbera, Nanango, Wondai, Morgan, Kilkivan, Tansey and Kingaroy sending teams to join those from Yarraman.

Three rounds of two-bowl Triples were played and the winners were a combination of ladies from Wondai (2) and Kingaroy.

Runners-up were a Wondai trio with the third prize going to the Murgon combination.

The second event was the monthly Pub Day which saw bowlers from Kilcoy, Nanango, Kingaroy, Toogoolawah, Crows Nest and Yarraman making up the 12 teams that played.

The winners were a Yarraman team consisting of Helene Johnson (skip), Robyn Dierke and John Watson. Second prize went to a Nanango team with the Toogoolawah team claiming the third prize.

Our world class axeman

By MICHELLE OVENDEN

MITCHELL Argent became the Queensland Champion for the 12 inch standing block at the Toowoomba Show woodchop, last March.

This title is only one of too many to count for Mitchell, who, his mother, Patricia, says, has been wood chopping almost before he could walk.

He has been the World Champion of the 15 inch standing block four times, in 2018, 2019, 2020 and 2023.

He has been selected nine times for the Chopperoos, the Australian team in the international Stihl Timber Sports Competition.

His brother, Jack, is also an elite axeman with a swag of trophies and titles, and was selected as the Rookie for the Chopperoos in 2023.

One could say they are both chips of the old block, following their father, Peter into the timber sports.



RIGHT: Pub Day Bowls winners John Watson, Robyn Dierke and Helene Johnson (skip) with Brad Little (Vice Pres).

BAREFOOT BOWLS
Come along and try out the sport of Lawn Bowls in social setting'
- NANANGO: FRIDAYS 4pm, Nanango Bowls Club.
- YARRAMAN: 1st & 3rd FRIDAYS, Yarraman Bowls Club

Peter won an Australian Sawing Championship title some years ago.

Both Mitchell and Jack will be competing in the Blackbutt Team in the cross Tasman chop off at the Blackbutt Show.



Mitchell Argent.
Photo supplied by Patricia Argent
Courtesy of Cutting Edge Photography

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Photo: Fanny Renaud